

ANDEMS RUNNERS assisted by Rochdale Harriers present

The Ken Taylor Cowm Reservoir Road & Trail Race

(UKA Laws – licence applied for)

Wednesday 18th April 2012 at 7:00pm

based at the Cock & Magpie, Cockhall Lane, Whitworth, Rossendale
(A671 Burnley Road)

Andems Runners are honouring Rossendale Harriers' Ken Taylor for his outstanding contribution to running and for being such an inspiration! Beneficiaries to include Rossendale Harriers Junior Fund and Help for Heroes

This is a wheel-measured 5000 metres, which includes 2 laps of the scenic Cowm reservoir. Please pool vehicles and park in Cowm Park way South. Please show caution around the reservoir as there are lots of walkers who use this pleasant place.

Entry fee: £4 club runners, £6 unattached, juniors £3 - £1 extra on the night.
Cheques payable to "Andems Runners KTCR".

Post your entry slip with cheque to: Andrew O'Sullivan MBE, 40 Crowshaw Drive, Lower Healey, Rochdale OL12 0SR – tel. 01706 750620 or email info@andemsrunners.co.uk

Or bring this slip completed with the correct money on the night!!

Please PRINT CLEARLY!! – Entry form for Ken Taylor Cowm Reservoir Race

Name Age Sex

Address

.....Tel. No.

Club (if any) UKA reg. No.

I accept that the organisers of this race will not be held responsible for any injury, loss or damage incurred before, during or after the race. I am an amateur as defined by UK Athletics. I declare that I am physically fit and enter at my own risk

Signed Date

(to be signed by parent or guardian if entrant under 18)