

# Gainsborough & Morton Striders

## 10k Road Race

(HELD UNDER UKA RULES) Course Number: 11/267



### Sunday 4<sup>th</sup> March 2012 Start: 10:00am

Very flat, fast rural road race, starting in Morton & taking in the villages of East Stockwith & Walkerith, please come along and help us put Gainsborough back on the running map!! **A great course to attack your PB!!**

- **Race entry limit of 500**
- England Athletics Licensed Athletes: £10.00
- Unattached Runners: £12.00
- **All Entries on the day £15.00 (If entry limit not reached)**
- Postal Entries Close 24<sup>th</sup> February
- Prizes: 1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup> Male & Female, 1<sup>st</sup> M/F Vet (40+), 1<sup>st</sup> M/F Super Vet (50+)
- Goodie Bag & memento for every finisher

Name:	Male / Female*Delete as appropriate
Address & Post Code:	
Telephone:	..... .....Tel:.....
Athletics Club:	.....Licence No.....
E-mail	
D.O.B. .... & age on Race Day .....Yrs.	

DECLARATION: I declare that I am an amateur as stated in UKA rules and will abide by those rules. I will be 15 years of age or over on the day of the race. I hereby agree that the race organisers or associates shall not be liable for any accident, injury, loss or damage as a consequence of my participation in the race. (Parent or guardian if entrant under 17 on March 4<sup>th</sup> 2012) The race organisers reserve the right to cancel & rearrange the event without refund due to extreme weather conditions.

Signed.....Date.....Parent or

Guardian for under 17.....

Cheques payable to: **Gainsborough & Morton Striders AC**

Return entry form plus a 9"x 6" stamped addressed envelope to: **Entry Coordinator, 31 Melrose Road, Gainsborough, Lincolnshire DN21 2SA**

[www.gainsboroughrunningclub.co.uk](http://www.gainsboroughrunningclub.co.uk)